

CURRICULUM VITAE

Dr. Divakar Mishra
MBBS,DNB(PMR)

Date of birth: 7 Aug. 1986

Place of Last work: Senior Resident, department of PMR, SUPERSPECIALITY HOSPITAL, GSVM MEDICAL COLLEGE, KANPUR, INDIA.

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Under graduation Institute: LLRM Medical College (CCS University), Meerut.

Post graduation Institute: Swami Vivekanand National Institute of Rehabilitation Training and Research, Cuttack, Odisha.

Work experience:

S.No.	Institution	Tenure	Designation

1.	Superspeciality hospital, GSVM medical College, Kanpur, India	19 October 2022 to Present	Senior Resident
2.	Swami Vivekanand National Institute of Rehabilitation Training and Research (ministry of social justice and empowerment, Govt. Of India) Cuttack, Odisha.	13 July 2021 to 12 July 2022	Senior Resident
3.	Ayushman Hospital, IIM Road, Lucknow, U.P. India	20 August 2020 to 28 February 2021	Specialist Registrar
4.	Swami Vivekanand National Institute of Rehabilitation Training and Research (ministry of social justice and empowerment, Govt. Of India) Cuttack, Odisha.	19 June 2017 to 30 July 2020 including 6 weeks extension due to Covid-19.	DNB Trainee
5	Ayushman Hospital, IIM Road, Lucknow, UP, India.	April 2013 to May 2017	Emergency Medical officer

SKILLS

OPD:

Performed club foot (CTEV) Correction by serial casting (Ponseti method) during three years of DNB residency.

Performed Intra-articular injections in various joints for pain management.

Performed trigger point injection in chronic pain syndromes like myofascial pain, tennis elbow, golfer's elbow. Performed USG guided nerve blocks for spasticity management

Botox (Onabotulinum toxin A) injection in spastic muscles in cases of cerebral palsy, stroke, traumatic brain injury and spinal cord injury patients.

Interventional Pain management.

Platelets Rich Plasma Therapy for Adhesive Capsulitis, Tennis elbow, Osteoarthritis etc.

Performed urodynamic studies (CMG with sphincter emg and uroflowmetry) for Neurogenic Bladder evaluation in cases of spinal cord injury patients.

Trained in dedicated arthritis clinic.

Assessment diagnosis and decision taking in various deformities of upper limb and lower limb.

Assessment and evaluation of cerebral Palsy and other disorders simulating with cerebral palsy.

Prosthesis and orthosis check-out procedure.

Diabetic foot management.

Osteoporosis management

Various plaster techniques for deformity correction and disability limitation.

Sport injury rehabilitation.

Assessment of hand functions in various disabling conditions and management.

Comprehensive Rehabilitation of patients suffering from myopathy.

Prescription and monitoring of therapeutic exercises/ Physiotherapy and electrotherapy in various clinical conditions on OPD basis

Ward: Spinal cord injury unit.

Worked in 30 bedded spinal cord injury unit.

Comprehensive rehabilitation management of acute and chronic cases of spinal cord injury patients.

Trained in Neurogenic Bladder and bowel management.

Prevention and management of pressure ulcer.

Prescription of wheelchair and Orthotic management according to neurological level of injury.

Spasticity management including USG guided chemo denervation and BOTOX injection.

Prevention and management of autonomic dysreflexia in SCI patients.

Percutaneous SPC in tetraplegics.

Cardiopulmonary assessment and exercise training in SCI.

Prevention, Early diagnosis and management of Deep vein thrombosis(DVT).

Early diagnosis of Heterotopic ossification and management.

Ward: Stroke rehabilitation unit.

Assessment and management of hand dysfunction in stroke patients.

Assessment and management of Pain syndromes in stroke patients.

Spasticity management including botox and chemical neurectomy.(Alcohol and Phenol)

Shoulder management

Assessment of swallowing disorders and management.

Assessment of speech reading and writing disorders and management.

Gait and Balance training.

Orthotic management and home modification

Ward: Deformity unit(Surgical skills)

All types of Amputation for various conditions like Beurgers disease, advanced leprosy and diabetic foot.

Correction of Neglected CTEV and other deformities causing disability by Ilizarov, JESS and soft tissue release

Six axis correction of deformity by hexapod (Ortho-SUV).

Assessment and surgical correction of deformity in poliomyelitis cases.

Surgical management of ankle foot deformities.

Tendon Transfer in Paralytic foot like Leprosy, peripheral neuropathies.

Pathological gait correction Surgeries in cerebral palsy, stroke.

Decision making for surgery in paralytic hand (Cerebral Palsy, Traumatic brain injury and Tetraplegia.

Surgical management of chronic wound (flaps, Split thickness skin graft and full thickness skin graft)

Surgical management of tennis elbow, trigger finger and carpal tunnel syndrome.

Surgical correction of congenital limb deficiency, acquired post traumatic malunion.

Growth modulation by temporary hemiepiphysodesis.

Tendon release and tenotomies in various musculoskeletal conditions.

UNDER GRADUATION

Degree: MBBS

Duration: 2007 to 2013

Institution: Lala Lajpat Rai Memorial Medical college, Meerut, Chaudhary Charan Singh University, Meerut.

Medical Council Registration No. : UP Medical Council 64927 dated 04 April 2013.

POST GRADUATION

Degree: DNB (PMR)

Duration of course: 2017 to 2020

Institution : Swami Vivekanand National Institute of Rehabilitation Training and Research, Cuttack, Odisha.

Medical council registration : 64927

PUBLICATION AND ACADEMICS

Pabitra Kumar S1, Diwakar Mishra1* , Sakti Prasad D2 and Mamata manjari S3. Etiological Factors Affecting Development of Flat Foot - A Cross Sectional Study in Eastern India.world journal of Physical medicine and rehabilitation.2020;vol2:13-15

Developed Low cost Negative pressure wound therapy machine and dressing material which is under trial in two hospitals presently.

Lifetime member of Association of PMR, Odisha

Organized workshop on surgical rehabilitation during DNB training for two times during DNB training and one time in Senior Residency in my training institution.

Attended workshop on baclofen pump implant for spasticity management.

Attended various annual and mid term CMEs.