

# DR. NIKHIL KUMAR SAHU

## CONTACT

- nks1103@gmail.com
- 8839028165
- Kanpur, UP 208024

## EDUCATION AND TRAINING

09/2022

### DM - Neurology

King George's Medical University  
Lucknow, UP

06/2018

### MD - General Medicine

Govt. M.G.M. MEDICAL COLLEGE  
Indore

08/2013

### M.B.B.S - Healthcare

Govt. N.S.C.B. MEDICAL COLLEGE  
Jabalpur

## LANGUAGES

English: A1  
Beginner

## SUMMARY

Diagnose disease causes, symptoms and likely progression based on patient histories, examinations and diagnostic testing. Diligent about addressing every need with conscientious and detail-oriented approach. Offering 13+ years of medical experience and 5 years of neurology experience and passion for helping patients improve health and wellness.

## SKILLS

- Migraine
- Epilepsy
- Stroke and thrombolysis
- Pain management
- Dementia
- Nerve and muscle disease
- Vertigo
- Nerve conduction study skills

## EXPERIENCE

Associate Professor  
Department of neurology, GSVM medical college | Kanpur

- 10/2024 - Current
- Organized weekly seminars for faculty and students to discuss current topics in the field.
  - Collaborated with other departments to create interdisciplinary programs for students.
  - Advised undergraduate and graduate students on academic matters such as course selection and career paths.
  - Mentored junior faculty members on teaching methods and scholarly writing techniques.
  - Reviewed manuscripts submitted for publication in academic journals related to the field.

Assistant Professor  
Department of neurology, GSVM medical college | Kanpur

- 10/2022 - 10/2024
- Provided instruction and guidance to undergraduate and graduate students in the classroom setting.
  - Developed and implemented innovative teaching methods that enhanced student engagement and learning outcomes.
  - Conducted research projects, wrote manuscripts, and presented findings at professional conferences.

Senior Resident  
Department of neurology, King George's Medical University | Lucknow, UP

- 09/2019 - 09/2022
- Evaluated patient histories, complaints and current symptoms
  - Teamed with other physicians, specialists and health care providers to provide well-rounded care for complex cases
  - Treated and monitored care of geriatric patients at local long-term care facility
  - Participated in patient education sessions among targeted populations with prevalent health risk factors
  - Administered high level of care to patients using active listening and open-ended questioning
  - Adhered to universal precautions and other appropriate infection control practices
  - Implemented therapeutic regimens involving medications and other interventions to mitigate symptoms and prevent recurrence
  - Engaged with other professionals to impart knowledge and discuss best treatment courses
  - Diagnosed and treated patients suffering from chronic conditions

## TRAINING

- EEG WORKSHOP, 2019
- UP-UK NEUROCON, 2021
- Epilepsy management masterclass, Mumbai, 2020
- Treatment of cerebral edema in ischemic stroke and ICH, 2020
- BCBR
- MET

## PERSONAL INFORMATION

Title: Neurologist (Doctor)

## RESEARCH

- Study of clinical profile and temporal evolution in drug resistance epilepsy patients.
- Study of quantitative c-reactive protein in acute stroke patients and its correlation with clinical features, brain imaging, severity and prognosis of acute stroke patients.
- Study of CRP in meningitis patient.
- Study of early mobilisation in hemorrhagic stroke patients.