



**Name:** Dr. Vishal Kumar Gupta

### **Qualifications**

- M.B.B. S (M.L.N. Medical college, Allahabad) 2003
- M.D. (Internal medicine) (S.N. Medical college Agra) 2008
- Fellow American College of Physician
- Fellow Royal College Physician (Edinburgh)
- Fellow Indian academy of clinical medicine
- PG Diploma in diabetes management (Middlesex University, London)

### **Present Designation:**

- Professor  
Department of medicine, G.S.V.M. Medical College Kanpur, India

### **Previous Designation**

- Senior Resident department of internal medicine Post graduate institute /Dr  
RML Hospital New Delhi

### **Other post**

Treasurer, Association of physician of India Kanpur Chapter

**Email:** [gsvm\\_knp@yahoo.co.in](mailto:gsvm_knp@yahoo.co.in)

**Area of interest:** Diabetes, endocrine disease and nephrology

### **Research and publication:**

- **International**

1. Significant correlation between taste dysfunction and HbA1C level and blood sugar fasting level in type 2 diabetes mellitus patients in at a tertiary care center in north India: J.S. Kushwaha, V.K. Gupta, A. Singh et al. *Diabetes Epidemiology and Management* 8 (2022) 100092
2. Neurological manifestation of dengue infection: *Annals of Tropical Medicine and Public Health* | Jul-Aug 2015 | Vol 8 | Issue 4
3. Comparison of telmisartan ramipril and combination of thereof to control proteinuria in patients of diabetic nephropathy: Abstract book IDF Montreal
4. Significant correlation of ischemic stroke with peripheral artery disease in type 2 diabetes mellitus patients *International Journal of Advances in Medicine* Gupta VK et al. *Int J Adv Med.* 2022 May;9(5):549-555
5. Prevalence of peripheral arterial disease in type 2 diabetes mellitus and it's correlation with carotid intima-media thickness *International Journal of Advances in Medicine* Palawat SS et al. *Int J Adv Med.* 2022 May;9(5):543-548
6. Biochemical markers as predictors of dengue severity *International Journal of Advances in Medicine* Gupta VK et al. *Int J Adv Med.* 2022 Feb;9(2):89-94
7. Dipeptidyl peptidase-4 inhibitor (teneligliptin) significantly reduces liver fat content and delays progression of non-alcoholic steatohepatitis in type 2 diabetes mellitus patients *International Journal of Advances in Medicine* Gupta VK et al. *Int J Adv Med.* 2021 Dec;8(12):1817-1820
8. Relation of Vitamin D Deficiency to Ischemic Stroke in Compare to Normal Population: *International Journal of Science and Research (IJSR)* | Volume 8 Issue 9, September 2019

- **National**

1. Subclinical cardiac involvement in dengue hemorrhagic fever: *Journal, Indian Academy of Clinical Medicine Vol. 11, No. 2 April-June, 2010*
2. What is in Name? *JAPI* • August 2012 • VOL. 60
3. Tuberculous Meningitis with Blindness: *Journal, Indian Academy of Clinical Medicine Vol. 11, No. 1 January-March, 2010*

4. Pleural Involvement in Chronic Myelocytic Leukemia – an Extra-medullary Blast Crisis: *Journal, Indian Academy of Clinical Medicine Vol. 11, No. 4 October-December, 2010*
5. Hypercalcemic Crisis: A First Presentation of Secondary Metastases to Skull with Cancer of Unknown Primary: *Journal, Indian Academy of Clinical Medicine Vol. 11, No. 2 April-June, 2010*
6. Arsenic Intoxication Presenting as Peripheral Neuropathy and Dermatological Disorder: *Journal, Indian Academy of Clinical Medicine Vol. 9, No. 2 April-June, 2008*
7. Giant Left Atrium: A Rare Entity in Rheumatic Valvular Heart Disease: *Journal, Indian Academy of Clinical Medicine Vol. 9, No. 3 July-September, 2008*

#### **Academic activity**

1. Presented poster at American diabetes association conference 2017
2. Became judge for poster presentation in Internal medicine meeting 2018 , New Orleans (USA)
3. Presented papers in Apicon 2009 , Apicon 2010 Apicon 2011
4. Presented paper in various other National and state conferences

#### **Membership**

1. American college of physician
2. Royal College Of Physician
3. American diabetes association
4. Endocrine society
5. Life member association physician of India
6. Life member Indian academy of clinical medicine
7. Life member Indian medical association
8. Life member research society for study of diabetes in India

## 9. Uttar Pradesh Diabetes Association

### **Awards**

Dr M.P. Mehrotra gold medal in MD (internal medicine) by Agra University

### **CONFERENCES ATTENDED**

Internal medicine meeting 2018, New Orleans (USA)

American diabetes Association 77th Scientific Sessions San Diego 2017

2016 Asia –Pacific conference: Thyroid disease clinical feature and management, Manila

Apicon (National conference Association of physician of India from 2006 to 2019)

Annual National conference of RSSDI (research society for study of diabetes in India) from 2013 to 2018

ACP India chapter congress medicine from 2016 to 2018

### **COURSES ATTENDED**

ENDOCRINE SOCIETY: Diabetes Connect 2017

Royal College of Physicians: Neuropathic pain

### **Contribution to Research**

Principal Investigator in clinical trials

1. “A study to evaluate the effect of Dapagliflozin on Renal Outcomes and Cardiovascular Mortality in Patients with Chronic Kidney Disease”.
2. “A multicenter open table parallel group randomized controlled trial to compare iGlarLisi versus premixed insulin in patients with type-2 diabetes who have failed to achieve glycemic control with basal insulin and oral antidiabetic agents. “

